

Bismillaah-Hir-Rahamaanir-Raheem

Allaah Taa'alā Kī Panaah

Zabur 91

Jo log Allaah rabbul azeem kī hifaaizat me rahte haiñ,

to wo log uskī saltanat me sukun se haiñ. ⁽¹⁾

Main Allaah se kahuñgā, “Tu merī salaamtī aur panaah kī jagah hai.

Tu hī merā rab hai, aur main tujh par hī bharosā kartā huñ.” ⁽²⁾

Allaah rabbul kareem tumheñ chupī huī chaalon se aur

jaanlewā beemaariyon se mahafuz rakhegā. ⁽³⁾

Wo tumhaarī hifaaizat ek chidiyā kī tarah karegā jo apne par

phailaakar apne bacchon kī hifaaizat kartī haiñ.

Uskā kalaam tumhaarī dhaal ke jaisā hai. ⁽⁴⁾

Tum raaton ke khatron se aur

din me teer ke hamlon se naheen daroge. ⁽⁵⁾

Tum us bimaariyon se naheen daroge jo andhere me ātī haiñ.

Yā us marz se jo din me hamlā kartā hai. ⁽⁶⁾

Tumhaarī taraf se ek hazaar log mar jaayēñ,

yā das hazaar log tumhaare baraabar me hī kyūñ nā mareñ

lekin tumheñ koī nuksaan naheen pahuñchegā. ⁽⁷⁾

Tum sirf dekhoge kī kyā ho rahā hai.

Tum gunahgaaron ko sazā milte dekhoge. ⁽⁸⁾

Allaah hī tumhaarī hifaaizat karne waalā hai.

Tum Allaah rabbul azeem ko apnī salaamtī kī jagah banā chuke ho. ⁽⁹⁾

Nā koī burī cheez tumhaare upar āegī.

Aur n koī museebat tumhare ghar kī taraf jaeegī. ⁽¹⁰⁾

Wo apne farishte tumhaarī hifaaizat ke liye bhejtā hai.

Tum jahaan bhī jaate ho, wo tumhaarī dekhbhaal karte haiñ. ⁽¹¹⁾

Isse pahale tumhaare pair patthar se takraaēñ.

Wo tumko apne haathon se sambhaal leñge. ⁽¹²⁾

Tum taaqatwar sheron aur zahareele saampon ko apne pairon se kuchloge.

Tum in sheron aur zahareele saampon par chaloge. ⁽¹³⁾

Allahā taa'alā kā irshaad hai, “Agar koī mujhse pyaar kartā hai, to main use bachā luñgā.

Jo mujhe jaante haiñ unheñ mahafuz rakhuñgā. ⁽¹⁴⁾

“Wo mujhe pukaareñgeñ, aur main unheñ jawaab duñgā main museebat me unke saath rahuñgā.

Maiñ unheñ bachaaungā aur izzat baḡshuḡā.⁽¹⁵⁾

“Maiñ unheñ lambī umr atā karuḡā.

Maiñ unheñ nijaat kā raastā dikhaauḡā.”⁽¹⁶⁾